

**Personal photo****CV****1. PERSONAL DETAILS:**

|                  |                                    |
|------------------|------------------------------------|
| Full name:       | Farzane khodabande                 |
| Address:         | Bojnurd, North Khorasan , I.R.IRAN |
| E-mail:          | f.khodabandeh@nkums.ac.ir          |
| Tel:             |                                    |
| Birth date:      | 1990/05/06                         |
| Marriage status: | Married                            |

**2. Education: (exampled format)**

| Date      | Place   | Title             | Average |
|-----------|---------|-------------------|---------|
| 2008-2012 | Bojnurd | Bachelor's degree |         |
| 2012-2015 | Tabriz  | Master's degree   |         |
|           |         |                   |         |
|           |         |                   |         |

**3. WORK & TUTORIAL EXPERIENCES: (exampled format)**

| university                               | duration | year               | field              | title                                |
|--|----------|--------------------|--------------------|--------------------------------------|
| Nursery midwifery university of bojnord  | 2 terms  | ۹۷- ۱۳۹۶           | Midwifery/bachelor | Infant diseases                      |
| Nursery midwifery university of bojnord  | 1 term   | ۱۳۹۷               | Midwifery/bachelor | Mother and baby nutrition principles |
| Nursery midwifery university of bojnord  | 1 term   | ۱۳۹۷               | Midwifery/bachelor | Midwifery principles and techniques  |
| Nursery midwifery university of sabzevar | 1 term   | ۱۳۹۵-۹۶            | Midwifery/bachelor | Pregnancy and delivery 4             |
| Nursery midwifery university of sabzevar | 1 term   | ۱۳۹۴               | Midwifery/bachelor | Pregnancy and delivery ۳             |
| Nursery midwifery university of sabzevar | 1 term   | ۱۳۹۵-۹۶<br>۱۳۹۴-۹۵ | Midwifery/bachelor | Alternative treatment in midwifery   |
| Nursery midwifery university of sabzevar | 1 term   | ۱۳۹۵-۹۶<br>۱۳۹۴-۹۵ | Midwifery/bachelor | semiology                            |
| Nursery midwifery university of sabzevar | 1 term   | ۱۳۹۴               | Health experts     | Mother and baby health               |

|  |        |      |                    |                                     |
|--|--------|------|--------------------|-------------------------------------|
| Nursery midwifery university of sabzevar | 1 term | ۱۳۹۵ | Midwifery/bachelor | Midwifery principles and techniques |
|--|--------|------|--------------------|-------------------------------------|

### 5. Practical lessons

| university                     | Time of teaching | year    | Fiel/degree        | title                               |
|--------------------------------|------------------|---------|--------------------|-------------------------------------|
| Medical university of bojnord  | 1 term           | ۹۷-۱۳۹۶ | Midwifery/bachelor | Midwifery principles and techniques |
| Medical university of sabzevar | 1 term           | ۱۳۹۵    | Midwifery/bachelor | Midwifery principles and techniques |

### 6. internships

| university                     | duration | year    | Field/degree       | title   |
|--------------------------------|----------|---------|--------------------|---|
| Medical university of bojnord  | ۲ terms  | ۱۳۹۷    | Midwifery/bachelor | Mother and baby health internship                     |
| Medical university of bojnord  | ۴ terms  | ۹۷-۱۳۹۶ | Midwifery/bachelor | Normal and abnormal Pregnancy and delivery internship |
| Medical university of bojnord  | ۲ terms  | ۹۷-۱۳۹۶ | nursery/bachelor   | Delivery internship                                   |
| Medical university of sabzevar | ۵/۶ term | ۱۳۹۳-۹۶ | Midwifery/bachelor | Normal and abnormal Pregnancy and delivery internship |
| Medical university of sabzevar | 1 term   | ۱۳۹۵    | Midwifery/bachelor | Internal surgery internship                           |
| Medical university of sabzevar | ۶ terms  | ۱۳۹۳-۹۶ | Midwifery/bachelor | Emergency in midwifery internship                     |
| Medical university of sabzevar | 1 terms  | ۱۳۹۵    | Midwifery/bachelor | Unfertility internship                                |
| Medical university of Tabriz   | ۵ terms  | ۱۳۹۰-۹۳ | Midwifery/bachelor | Normal and abnormal Pregnancy and delivery internship |
| Medical university of Tabriz   | ۲ terms  | ۱۳۹۰-۹۲ | Midwifery/bachelor | Unfertility and sonography internship                 |
| Azad university of marand      | ۲ terms  | ۱۳۹۲-۹۳ | nursery/bachelor   | Internal surgery internship                           |

### 7. teaching in workshops

| توضیحات | groups  | duration | date | Place held                     | Work shops                       |
|---------|---|----------|------|--------------------------------|----------------------------------|
|         | Midwives of sabzevar and bojnord and esferayen health centres | ۶۰ hours | ۱۳۹۴ | Medical university of sabzevar | Workshop of physiologic delivery |
|         | Midwives and gynecologist of sabzevar                         | ۱۲ hours | ۱۳۹۵ | Medical university of sabzevar | Workshop of physiologic delivery |
|         | Midwives, general physicians, midwifery students of sabzevar  | ۱۲ hours | ۱۳۹۵ | Medical university of          | Workshop of physiologic delivery |

|  |   |         |      |                               |  |
|--|---|---------|------|-------------------------------|--|
|  |   |         |      | sabzevar                      |  |
|  | Medical science students                            | ۲۴hours | ۱۳۸۹ | Medical university of bojnord | <b>Research methodology workshop</b>   |
|  | Students and teachers of medical science university | ۲hours  | ۱۳۸۹ | Medical university of bojnord | <b>Journal club of cord stem cells</b> |

### 8.PROJECTS:

| Explana<br>tion | Date | Held place                             | Organizer  | Title  |
|-----------------|------|--|--|--|
|                 | 1396 | Sabzevar university of medical science | Dr Ahmadollah Abadi, Dr Razie Khosro Rad, Farzane Khodabande, Somaye Dolat abadi | The codification of Indicators of Accountable education evaluation using the CPU Model |

### 9.Research projects

| explanation | Date finished | Date started | Place Held                            | Organizers  | Title   |
|-------------|---------------|--------------|---------------------------------------|---|---|
| finished    | 2010          | 2008         | Bojnord university of medical science | Zohre Abbasi, Farzane khodabande, Zahra Darbaghi Moghadam, Masoome Taheri | Survey The effect of reading translated Quran on pregnancy stresses   |
| finished    | 2012          | 2010         | Bojnord university of medical science | Zohre Abbasi, Farzane khodabande, Zahra Darbaghi Moghadam, Masoome Taheri | Survey prevalence of backache in pregnant women attending to health centers of Bojnord                                |
| finished    | 2012          | 2011         | Bojnord university of medical science | Farzane khoda bande, Hamid Hosseini, Javad Reza zade                      | Survey Level Of Awareness, Attitude, Function of working cosmetics and some Aids relative Factors                     |
| finished    | 2011          | 2010         | Bojnord university of medical science | Farzane khoda bande, Hamid Hosseini, Javad Reza zade                      | Survey of mental health status and its relative factors between students of north Khorasan university medical science |
| finished    | 2016          | 2015         | Tabriz university of medical science  | Farzane khodabande Dr amene mansuri, Dr mozhgan mir ghafurvand            | Survey of Awareness, Attitude, Function of pregnant women about hookah attending to health centers of Tabriz          |

|          |      |      |                                      |   |  |
|----------|------|------|--------------------------------------|---|--|
| finished | 2015 | 2014 | Tabriz university of medical science | Farzane khodabande<br>Dr amene mansuri, Dr mozhgan mirghafur vand | survey effect of educatin on postpartum life style   |
| finished | 2015 | 2014 | Tabriz university of medical science | Farzane khodabande<br>Dr amene mansuri, dr mozhgan mirghafurvand  | Survey of Awareness, Attitude, Function of pregnant women about smoking attending to health centers of Tabriz  |
| finished | 2015 | 2014 | Tabriz university of medical science | Farzane khodabande<br>Dr amene mansuri, dr mozhgan mirghafurvand  | Survey prevalence of foot spasm in pregnant women attending to Tabriz health centers   |
| finished | 2015 | 2014 | Tabriz university of medical science | Farzane khodabande<br>Dr amene mansuri, dr mozhgan mirghafurvand  | Survey effect of vitamin D and Calcium on improvement of foot spasm  |
| finished | 2014 | 2014 | Tabriz university of medical science | Dr vahid zaman zade, dr madine jasemi, Farzane khoda bande        | survey determination the quality of nurse educating from PHD students view   |
| finished | 2016 | 2015 | Tabriz university of medical science | Dr vahid zaman zade, dr madine jasemi, Farzane khoda bande        | survey awareness and function of working nurses in internal surgery and special units from Tabriz medical education center about their professional responsibilities |
| finished | 2016 | 2015 | Tabriz university of medical science | Dr vahid zaman zade, dr madine jasemi, Farzane khoda bande        | survey the level of observance of preventing nosocomial infections in working nurses in Tabriz medical education center  |

## 10. Articles

| Release date | Number of magazine | Magazine type**     | Magazine name  | organizers  | Title   |   |
|--------------|--------------------|---------------------|--|---|---|---|
| 2013         | 2                  | Scientific research | Thrita   | Madineh Jasemi, Samereh Eghtedar, Nader Aghakhani, Farzaneh Khodabandeh, Leyla Sayadi, Neda Kheir khahi   | Music Therapy Reduces the Intensity of Pain Among Patients With Cancer  | 1 |
| 2014         | 137                | Scopus              | Iranian journal of obstetric, gynecology and infertility     | Mojgan Mirghafourvand, MahinKamalifard, Sekineh Mohammad alizaddeh, Mohammad Asghari, FarzanehKhodabandeh, AmenehMansoori                         | Knowledge and belief about postpartum lifestyle among nulliparous mothers, Tabriz 2013 – 2014   | 2 |
| 2015         | 22 (1)             | Scientific research | Quarterly Journal of Sabzevar University of Medical Sciences | Mojgan Mirghafourvand, Mahin KamaliFard, Sakineh Mohammad-Alizadeh-Charandabi, Mohammad Asghari Jafarabadi, Farzaneh Khodabandeh, Ameneh Mansouri | Effect of educational package on nulliparous mother's knowledge and belief about postpartum lifestyle   | 3 |
| 2015         | 32(320)            | Pubmed              | J Isfahan Med Sch  | Mirghafourvand M, Mohammad-Alizadeh-Charandabi S, Mansouri A, Najafi M, Khodabandeh F   | The Effect of Vitamin D and Calcium Plus Vitamin D on Sleep Quality in Pregnant Women with Leg Cramps: A Controlled Randomized Clinical Trial | 0 |

| Release date | Number of magazine | Magazine type**            | Magazine name  | organizers  | Title  |   |
|--------------|--------------------|----------------------------|--|---|--|---|
| 2015         | 4 (1)              | <i>Pubmed</i>              | Journal of Caring Sciences                                   | Sakineh Mohammad-Alizadeh-Charandabi, Mojgan Mirghafourvand, Ameneh Mansouri, Moslem Najafi, Farzane Khodabande                                   | The Effect of Vitamin D and Calcium plus Vitamin D during Pregnancy on Pregnancy and Birth Outcomes: a Randomized Controlled Trial                     | ٦ |
| 2015         | 25(132)            | <i>Scopus</i>              | J Mazandaran Univ Med Sci                                    | Mahin Kamali fard, Mojgan Mirghafourvand, Sakineh Mohammad alizade charandabi, Farzaneh Khodabandeh, Mohammad Asghari JafarAbadi, Ameneh Mansoori | Effect of Lifestyle Educational Package on Prevention of Postpartum Health Problems in Nulliparous Mothers: A Randomized Clinical Trial                | ٧ |
| 2016         | 23(5)              | <b>Scientific research</b> | Quarterly Journal of Sabzevar University of Medical Sciences | Ameneh Mansouri,*MojganMirghafourvand, Sakineh Mohammad Alizadeh Charandabi, Farzaneh Khodabandeh   | Prevalence of Leg Cramps in the Third Trimester of Pregnancy and Its Relationship to Nutritional Behavior and Consumption Supplementation in Pregnancy | ٨ |
| 2017         | 32(5)              | <i>Pubmed</i>              | Health Education Research                                    | Farzaneh Khodabandeh, Mojgan Mirghafourvan*, Mahin KamaliFard, Sakineh Mohammad-Alizadeh-Charandabi and Mohammad Asghari                          | Effect of educational package on lifestyle of primiparous mothers during   | ٩ |

| Release date | Number of magazine | Magazine type**        | Magazine name   | organizers  | Title  |    |
|--------------|--------------------|------------------------|---|---|--|----|
|              |                    |                        |   | Jafarabadi  | postpartum period:<br>a randomized<br>controlled clinical<br>trial |    |
| 2018         | 25 (4)             | Scientific<br>research | Quarterly<br>Journal of<br>Sabzevar<br>University of<br>Medical<br>Sciences | Farzaneh Khodabandeh,<br>Reyhaneh Alishahi*,<br>Fateme Yahyavi<br>Koochaksaraei | Mucopolysaccharid<br>osis type I: A case<br>report                 | ۱۰ |

### 10. Oral Presentations:

| date | Place held | Congress type     | Name of congress  | organizers  | title  |   |
|------|------------|-------------------|---|---|--|---|
| 2020 | karaj      | national          | Third<br>congress of<br>clinical case<br>reports                                  | farzane khda bande,<br>reyhane alishahi,<br>fateme koochak sarayi                       | mucopoly sacaridoz, case<br>report   |   |
| 2019 | tabriz     | national          | National<br>Conference<br>on<br>Responsive<br>Medical<br>Education                | farzane khodabande,<br>razie khosro rad,<br>samira foji,..                              | Developing Responsive<br>Learning Evaluation Indicators<br>Using the CPU Model: A Step<br>Towards Comprehensive<br>Accreditation                 | ۱ |
| 2017 | tehran     | internatio<br>nal | First<br>International<br>Congress on<br>Reproductive<br>Health and<br>Childbirth | farzane khoda bande,<br>dr mir ghafoorvand, dr<br>Mohamad alizade,<br>mahin kamali fard | "Effect of educational package<br>on lifestyle of primiparous<br>mothers during postpartum<br>period: a randomized<br>controlled clinical trial" | ۲ |
| 2011 | hamedan    | national          | National<br>Congress of<br>Safe<br>Delivery                                       | amene mansuri, elahe<br>seyed rasuli, farzane<br>khodabande                             | Survey of Couples Attitude<br>toward the Impact of Spouse<br>Attachment During Childbirth  | ۳ |
| 2010 | bojnord    | national          | First<br>National<br>Conference<br>on Quranic                                     | Farzane khodabande,<br>dr zohre abbasi  | The effect of reading the Holy<br>Quran translation on anxiety in<br>pregnancy   | ۴ |

|      |          |          |                                     |  |   |   |
|------|----------|----------|-------------------------------------|--|---|---|
|      |          |          | Studies and Medicine                |  |   |   |
| 2015 | sabzevar | national | The first annual student conference | Farzane khodabande, amene mansuri, khadije nasiri... | Pregnant women 's attitude towards vaginal delivery, Tabriz | ۵ |

### 11.Posters

| date | Place held | Type of congress        | Name of congress  | organizers  | title  |   |
|------|------------|-------------------------|---|---|--|---|
| 2010 | isfahan    | National/ international | 12th Annual Congress of Medical Students of Iran                  | Faezane khodabande, dr zohre abasi, Zahra dabaghi                               | Frequency of second and third trimester low back pain and some related factors in pregnant women referred to Shahid Madani Clinic in Bojnourd during the year 2009 | ۱ |
| ۱۳۹۰ | isfahan    | National/ international | 12th Annual Congress of Medical Students of Iran                  | hamid hassani, javad reza zade, farzane khodabande.                             | Mental Health of Students of Bojnourd University of Medical Sciences, ۱۳۸۹   | ۲ |
| ۱۳۹۰ | mazandaran | national                | 3th Annual Congress of Medical Students of Iran                   | hamid hassani, javad reza zade, farzane khodabande.                             | Awareness and Attitude of Male Hairdressers and Related Factors to AIDS in Bojnourd, 2010  | ۳ |
| ۱۳۹۰ | ghuchan    | national                | First National Conference on Students' Mental Health              | hamid hassani, javad reza zade, farzane khodabande.                             | Mental health status and its related factors among students of North Khorasan University of Medical Sciences   | ۴ |
| ۱۳۹۰ | tabriz     | national                | Conference on Health Care from Early Prevention to Rehabilitation | farzane khodabande, amene mansuri, fateme effati, azam mohamadi, khadije nasiri | Quality of family planning counseling in health centers  | ۵ |
| ۱۳۹۰ | tabriz     | national                | Conference on Health Care from Early Prevention to Rehabilitation | farzane khodabande, amene mansuri, fateme effati, azam mohamadi, khadije        | Aging in Iran  | ۶ |



| date | Place held | Type of congress | Name of congress  | organizers   | title   |    |
|------|------------|------------------|---|--|---|----|
| ۱۳۹۰ | tabriz     | national         | Conference on Health Care from Early Prevention to Rehabilitation | farzane khodabande, amene mansuri, fateme effati, azam mohamadi, khadije | Quality of midwives' performance in delivering prenatal care                  | ۷  |
| ۱۳۹۰ | tabriz     | national         | Conference on Health Care from Early Prevention to Rehabilitation | farzane khodabande, amene mansuri, fateme effati, azam mohamadi, khadije | An Analysis of Leased Uterus  | ۸  |
| ۱۳۹۰ | tabriz     | national         | Conference on Health Care from Early Prevention to Rehabilitation | farzane khodabande, amene mansuri, fateme effati, azam mohamadi, khadije | Iron deficiency anemia in pregnant women and neonatal outcomes                | ۹  |
| ۱۳۹۱ | hamedan    | national         | Congress of safe delivery   | Amane mansuri, farzane khoda bande, khadije nasiri, elahe seyed rsuli    | Why cesarean?   | ۱۰ |
| ۱۳۹۱ | hamedan    | national         | Congress of safe delivery   | Farzane khdane bande, amene mansoori. Elahe seyed rasooli                | Why normal vajinal delivery?  | ۱۱ |
| ۱۳۹۱ | tehran     | national         | First Student Congress of Military Medicine and Health Management | Farzane khdane bande, amene mansoori. Elahe seyed rasooli, samira amani  | Assessment of Sleep Quality of Tabriz and Mashhad Military Soldiers,          | ۱۲ |
| ۱۳۹۱ | tehran     | national         | First Student Congress of Military Medicine and Health Management | Farzane khdane bande, amene mansoori. Elahe seyed rasooli,,              | Self-efficacy assessment of soldiers in military areas of Tabriz and Mashhad, | ۱۳ |
| ۱۳۹۱ | تهران      | national         | First Student Congress of Military Medicine and                   | Farzane khdane bande, amene mansoori. Elahe seyed rasooli,               | Self-esteem of soldiers in two military areas (A. East, Mashhad),             | ۱۴ |

| date | Place held | Type of congress | Name of congress  | organizers   | title   |    |
|------|------------|------------------|---|--|---|----|
|      |            |                  | Health Management   | hossein kalantari  |   |    |
| ۱۳۹۱ | tehrn      | national         | First Student Congress of Military Medicine and Health Management           | Farzane khaneh bande, amene mansoori. Elahe seyed rasooli                      | A Study of Depression among Tabriz Military Soldiers  | ۱۵ |
| ۱۳۹۱ | bojnord    | national         | National Conference on Quality Governance with Clinical Governance Approach | Farzane khaneh bande, amene mansoori.  | Clinical audit and cesarean delivery  | ۱۶ |
| ۱۳۹۱ | urmia      | international    | First International Student Congress on Addiction                           | Farzane khaneh bande, amene mansoori. Elahe seyed rasooli, dr mir Ghafoor vand | Knowledge, attitude and practice of hookah in pregnant women referred to Tabriz health centers<br>۱۳۹۱            | ۱۷ |
| ۱۳۹۲ | tabriz     | university       | The Second Student Conference of Martyr Motahhari                           | Farzane khaneh bande, amene mansoori. Samira emami                             | Conducting workshops on ethical issues and professional commitments during medical education for medical students | ۱۸ |
| ۱۳۹۲ | tabriz     | university       | The Second Student Conference of Martyr Motahhari                           | Farzane khaneh bande, amene mansoori. Samira emami                             | Changes in the clinical teaching method of delivery to undergraduate midwifery students                           | ۱۹ |
| ۱۳۹۲ | tabriz     | university       | The Second Student Conference of Martyr Motahhari                           | Farzane khaneh bande, amene mansoori. Samira emami                             | Increasing nursing clinical skills, especially venipuncture skills in undergraduate nursing students              | ۲۰ |
| ۱۳۹۳ | sabzevar   | national         | Students congress   | Farzane khaneh bande, amene mansoori. Samira                                   | Traditional postpartum beliefs and practices  | ۲۱ |

| date | Place held                 | Type of congress | Name of congress  | organizers  | title   |    |
|------|----------------------------|------------------|---|---|---|----|
|      |                            |                  |   | emami   |   |    |
| ۱۳۹۳ | isfahan                    | national         | Complementary Medicine Conference   | Farzane khaneh, amene mansoori, Samira emami, dr mirghafur vand | Hot flash remedies in menopause   | ۲۲ |
| ۱۳۹۳ | mashad                     | national         | Conference on Education and Counseling in Reproductive Health                   | Farzane khaneh, amene mansoori, Samira emami, dr mirghafur vand | The effect of education on knowledge and beliefs of primiparous mothers about postpartum lifestyle                                      | ۲۳ |
| ۱۳۹۴ | Shahid Beheshti university | international    | First International Congress on the Challenges of Women, Midwifery, Infertility | Farzane khaneh, amene mansoori, Samira emami, dr mirghafur vand | Effect of Lifestyle Educational Package on Prevention of Postpartum Health Problems in Nulliparous Mothers: A Randomized Clinical Trial | ۲۴ |
| ۱۳۹۴ | Shahid Beheshti university | international    | First International Congress on the Challenges of Women, Midwifery, Infertility | Farzane khaneh, amene mansoori, Samira emami, dr mirghafur vand | Knowledge and belief about postpartum lifestyle among nulliparous mothers, Tabriz 2013 – 2014   | ۲۵ |
| ۱۳۹۴ | mashad                     | international    | First International Congress of Complementary and Alternative Medicine          | Farzane khaneh, amene mansoori, Samira emami, dr mirghafur vand | The effect of vitamin D on sleep quality in pregnant women with leg cramps  | ۲۶ |
| ۱۳۹۴ | mashhad                    | international    | First International Congress of Complementary and Alternative Medicine          | Farzane khaneh, amene mansoori, Samira emami, dr mirghafur vand | Effect of Calcium-Vitamin D on Pregnancy Outcomes: A Triple-blind Controlled Trial  | ۲۷ |
| ۱۳۹۵ | sabzevar                   | national         | The Third   | <u>Farzane khaneh, amene</u>                                    | Relationship between physical activity,   | ۲۸ |

| date | Place held | Type of congress | Name of congress   | organizers   | title  |   |
|------|------------|------------------|--|--|--|---|
|      |            |                  | Annual Scientific and Research Conference of Sabzevar Medical Students | <u>mansoori.</u><br><u>Samira emami</u>                        | sedentary behavior, and macrosomia prediction of fetus in uncomplicated pregnancy  |   |
|      |            |                  |  |  |  |   |
| ۱۳۹۰ | bojnord    | national         | First National Conference on Quranic Studies and Medicine              | Farzane khoda bande, dr zohre abbasi, Zahra darebaghi moghadam | The effect of reading the Holy Quran translation on anxiety in pregnancy<br>Top Speech Title (Second Rank)               | ۱ |
| ۱۳۹۱ | urmia      | international    | First International Student Congress on Addiction                      | Farzane khoda bande, dr mir ghafoori, amane mansoori           | Knowledge, attitude and practice of hookah in pregnant women referred to Tabriz Health Centers 2012<br>Top Posters Title | ۲ |

### 12. Electronic articles

| outhors   | Place held | Type of congress        | Name of congress  | date | title   |
|---|------------|-------------------------|---|------|---|
| Farzane khodabande, samira emami, amene mansoori, dr mir ghafoori | isfahan    | National, international | Complementary Medicine Conference   | ۱۳۹۳ | Traditional beliefs and practices of mothers in the postpartum period                                   |
| Farzane khodabande, samira emami, amene mansoori                  | tabriz     | regional                | Student Ideas Festival of Research Committee of Tabriz University of Medical Sciences | ۱۳۹۳ | Inter-University Collaboration in Interdisciplinary Research Projects, Medical and Engineering Students |

### 13. conferences

| Time(hour) | date | Place held                 | Conference type | title  |
|------------|------|----------------------------|-----------------|--|
| ۴۸         | ۱۳۹۴ | Shahid bheshti universtity | international   | ۱ st International Congress on Women Challenges, Midwifery, Infertility, Shahid Beheshti University iran |
| ۶          | ۱۳۹۴ | mashhad                    | international   | First International Congress of Complementary and Alternative Medicine                                   |
| ۱۲         | 1393 | mashhad                    | National        | Conference on Education and Counseling in Reproductive Health  |
| ۶          | ۱۳۹۳ | sabzvar                    | National        | The first annual student medical conference in Sabzevar  |
| ۶          | ۱۳۹۳ | tabriz                     | National        | The third Shahid Motahhari student festival  |
| ۶          | ۱۳۹۲ | tabriz                     | National        | The Second Student Conference of Martyr Motahhari  |
| ۳۰         | ۱۳۹۲ | tabriz                     | international   | Tabriz International Congress of Intensive Care  |
| ۲۰         | ۱۳۹۱ | urmia                      | international   | The first international student congress of addiction in Urmia   |

|    |      |            |                         |   |
|----|------|------------|-------------------------|---|
| ۲۰ | ۱۳۹۱ | tehran     | National                | First Student Congress of Military Medicine and Health Management                                 |
| ۲۵ | ۱۳۹۱ | hamedan    | National                | National Congress of Safe Delivery  |
| ۴  | ۱۳۹۰ | tabriz     | regional                | One-day Scientific Conference on Infectious Diseases in Pregnancy and its Role in Maternal Health |
| ۴  | ۱۳۹۰ | tabriz     | regional                | Conference on Health Care from Early Prevention to Rehabilitation                                 |
| ۲۰ | ۱۳۹۰ | isfahan    | National, international | ۱۲th Annual Congress of Medical Students of Iran  |
| ۲۵ | ۱۳۸۹ | Andar abas | National, international | ۱۲th Annual Congress of Medical Students of Iran  |

### 16. Work shops

| توضیحات | مدت برگزاری کارگاه به ساعت | تاریخ برگزاری کارگاه | محل برگزاری کارگاه                     | عنوان کارگاه  |
|---------|----------------------------|----------------------|--|---|
|         | ۲                          | ۱۳۹۶                 | bojnord university of medical science  | Introductory Workshop on System Researchers                       |
|         | ۱۴                         | ۱۳۹۶                 | bojnord university of medical science  | Teaching Workshop   |
|         | ۵                          | ۱۳۹۶                 | Bojnord university medical science     | Inferential Statistics Workshop                                   |
|         | ۴                          | ۱۳۹۵                 | Sabzevar university of medical science | Article Writing Workshop  |
|         | ۳۰                         | ۱۳۹۵                 | Sabzevar university of medical science | Hypnosis workshop in midwifery                                    |
|         | ۴                          | ۱۳۹۵                 | Sabzevar university of medical science | IT workshop   |
|         | ۴                          | ۱۳۹۵                 | Sabzevar university of medical science | Workshop for Consulting Professors                                |
|         | ۲                          | ۱۳۹۵                 | Sabzevar university of medical science | Conference on neonatal infections, hypothermia, ectopic pregnancy |
|         | ۳                          | ۱۳۹۵                 | Sabzevar university of medical science | Workshop on how to motivate students                              |
|         | ۶                          | ۱۳۹۵                 | Sabzevar university of medical science | Workshop on Testing and Designing Test Questions                  |

|  |    |           |  |   |
|--|----|-----------|--|---|
|  | ۴  | ۱۳۹۴      | Sabzevar university of medical science | Biostatistics Workshop  |
|  | ۶  | ۱۳۹۴      | Sabzevar university of medical science | Workshop lesson plan  |
|  | 60 | ۱۳۹۳      | mashhad university of medical science  | Workshop on Physiological Delivery Preparation Classes  |
|  | 60 | ۱۳۹۲      | tabriz university of medical science   | Workshop on Physiological Delivery Preparation Classes  |
|  | ۱۸ | ۱۳۹۲      | tabriz university of medical science   | 2-day baby resuscitation workshop   |
|  | ۴  | ۱۳۹۲      | tabriz university of medical science   | Workshops of Tabriz International Congress of Intensive Care  |
|  | ۴  | ۱۳۹۰      | tabriz university of medical science   | Endnote   |
|  | 40 | ۱۳۸۶-۱۳۹۰ | mashhad university of medical science  | 5 Research Methodology Workshops - Article Writing Workshop - Creativity Club Journal - search workshop |
|  | ۸  | ۱۳۸۹      | zahedan university of medical science  | PCR Workshop and Meeting of Teachers and Supervisors of Eastern Iran                                    |
|  | ۲  | ۱۳۹۰      | masshad university of medical science  | Workshop on sexual behaviors and its solutions  |
|  | ۲  | ۱۳۸۹      | shiraz university of medical science   | Scamper Creativity Workshop   |
|  | ۶  | ۱۳۸۸      | Mashhad university of medical science  | Visit to Bu Ali Research Institute in Mashhad and participate in workshop                               |

### 18:journal clubs:

| Time(hour) | date | Place held                            | Journal club type | presentor          | title                            |
|------------|------|---------------------------------------|-------------------|--------------------|----------------------------------|
| ۲          | ۱۳۸۹ | Bojnord university of medical science | educational       | Khodabande farzane | Umbilical cord stem cell journal |

### a. Awards

| <b>explanati</b> | <b>year</b> | <b>place</b>                           | <b>title</b>   |
|------------------|-------------|--|--|
|                  | ۱۳۹۶        | sabzevar university of medical science | <b>Best Country Midwife</b>  |
|                  | ۱۳۸۹        | Bojnord university of medical science  | <b>Best midwifery student</b>  |
|                  | ۱۳۹۰        | Bojnord university of medical science  | <b>Midwifery student Honorable Student at Shahid Motahhari Festival 2011</b>   |
|                  | ۱۳۸۸        | Bojnord university of medical science  | <b>Selection of the best research title</b>  |
|                  | ۱۳۸۹        | Bojnord university of medical science  | <b>proposal writing competition in the research week Active Researcher of Student Research Committee</b>   |
|                  | ۱۳۹۱        | tabriz university of medical science   | <b>Active Researcher of Student Research Committee in Research Week</b>  |
|                  | ۱۳۹۲        | tabriz university of medical science   | <b>in Research Week Top Designer Competition Best Hostel Cultural Design</b>   |
|                  | ۱۳۹۳        | tabriz university of medical science   | <b>Earn a position in the Proposal Writing Competition Earning</b>   |
|                  | ۱۳۹۰        | Bojnord university of medical science  | <b>first place in photography at my dorm race Top Lecture Title (Paper &amp; Lecture / Second Rank)</b>  |
|                  | ۱۳۹۱        | Urmia university medical science       | <b>the First National Conference on Quranic Studies and Medicine entitled "The Impact of Reading the Holy Quran Translation on the Anxiety of Pregnancy" Top Poster Title (First) at the First</b> |
|                  | <b>1391</b> | Urmia university medical science       | <b>International Student Congress on Addiction in Urmia "Knowledge, attitude and practice of hookah in pregnant women referred to Tabriz health centers 2012"</b>                                  |